

SA NATIONAL CHAMPIONSHIPS 2022	COMPETITION : THE ICE STATION, GRANDWEST							MONDAY, 9TH MAY 2022		
SECTION	TOTAL	PROGRAM	WARMUP	EXTRA	TOTAL	SKATING	ON/OFF	TOTAL	START	END
	SKATERS	LENGTH	TIME	TIME	WARMUP	TIME	TIME	TIME	TIME	TIME
WELCOMING				00:10:00	00:00:00	00:00:00	00:00:00	00:10:00	13:50	14:00
(C) PRE-NOVICE GIRLS COMPONENT (1-4)	4	00:01:40	00:04:00		00:04:00	00:06:40	00:06:00	00:16:40	14:00	14:16
(C) PRE-NOVICE GIRLS COMPONENT (5-9)	5	00:01:40	00:04:00		00:04:00	00:08:20	00:07:30	00:19:50	14:16	14:36
(HP) PRE-NOVICE GIRLS COMPONENT	5	00:01:40	00:04:00		00:04:00	00:08:20	00:07:30	00:19:50	14:36	14:56
(C) JUVENILE GIRLS FREE	4	00:02:40	00:05:00		00:05:00	00:10:40	00:06:00	00:21:40	14:56	15:18
RESURFACE/INTERVAL				00:40:00	00:00:00	00:00:00	00:00:00	00:40:00	15:18	15:58
(HP) NOVICE GIRLS SHORT GROUP 1	5	00:02:40	00:05:00		00:05:00	00:13:20	00:07:30	00:25:50	15:58	16:23
(HP) NOVICE GIRLS SHORT GROUP 2	5	00:02:40	00:05:00		00:05:00	00:13:20	00:07:30	00:25:50	16:23	16:49
(HP) NOVICE BOYS SHORT	1	00:02:40	00:06:00		00:06:00	00:02:40	00:01:30	00:10:10	16:49	16:59
JUNIOR MEN SHORT	2	00:02:50			00:00:00	00:05:40	00:03:00	00:08:40	16:59	17:08
RESURFACE/INTERVAL/DINNER				01:00:00	00:00:00	00:00:00	00:00:00	01:00:00	17:08	18:08
JUVENILE PAIRS FREE	1	00:02:40	00:05:00		00:05:00	00:02:40	00:01:30	00:09:10	18:08	18:17
JUNIOR WOMEN SHORT GROUP 1 (1-3)	3	00:02:50	00:06:00		00:06:00	00:08:30	00:04:30	00:19:00	18:17	18:36
JUNIOR WOMEN SHORT GROUP 2 (4-7)	4	00:02:50	00:06:00		00:06:00	00:11:20	00:06:00	00:23:20	18:36	19:00
SENIOR WOMEN SHORT	3	00:02:50	00:06:00		00:06:00	00:08:30	00:04:30	00:19:00	19:00	19:19
SENIOR MEN SHORT	1	00:02:50			00:00:00	00:02:50	00:01:30	00:04:20	19:19	19:23
SENIOR PAIRS SHORT	1	00:02:50	00:06:00		00:06:00	00:02:50	00:01:30	00:10:20	19:23	19:33